Sonora ISD Student Health Advisory Council

Regular Meeting November 30, 2022 Minutes

In Attendance:

Pennie Litterell Brittany Welborn Christina Barker Tiffany Weston Kate Jennings Paige Davis

Minutes:

- 1. Agenda posted at the Administration building and our meeting was recorded and will be posted on the website.
- 2. Reviewed Wellness Plan and input will be added along with minor corrections and will be given to the School Board for approval.
- 3. Discussed "Turkey Trot" being a success and how the kids were in much better shape than last year.
- 4. Reported Blood Drive that was held on October 13th that was sponsored by the CNA class was very successful and that 64 pints of blood was donated which would allow for saving the lives of up to 192 hospital patients.
- 5. Discussed options of upcoming events and event scheduled.
 - Kids Heart Challenge will kick off January 17, 2023
 - Possible Wellness Resolution challenge for Staff
 - Immunization clinic at the end of the year
- 6. Open Forum—no concerns at this time
- 7. Next meeting set for February 22, 2023
- 8. Adjournment